



**FACILITATOR RESIDENTIAL SCHEDULE**  
**Bass Week A**

Updated 6/16/2021

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 7:30 AM	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds
7:30 - 8:00 AM	Breakfast/Clean up/Prep for Day	Breakfast / Clean up / Prep for Day	Breakfast / Clean up / Prep for Day	Breakfast / Clean up / Prep for Day	Breakfast / Clean up / Prep for Day	Wake Up & Meds	Wake Up & Meds
8:00 - 8:30 AM							
8:30 - 9:00 AM	Sound Meditation (8:30-9:30) Tanya	Individual Counseling/Case Management	Journaling / Check-In	Journaling / Check-In	Individual Counseling/Case Management	Breakfast/Clean Up/Prep for Day	Breakfast/Clean Up/ Prep for Day
9:00 - 10:00 AM		Relapse Prevention Group Counseling	Mindfulness Group Counseling	CBT Group Counseling	Relapse Prevention Counselor Group Counseling		
10:00 - 10:30 AM	Weekend Review/Positive Mindfulness Group Counseling	Anger Management Group Counseling	Aftercare Planning Group Counseling	Dual Diagnosis Group Counseling	House Meeting	Outdoor Exposure	Acupuncture Suzie
10:30a-11:00a							
11:00 - 12:00	Self Care Group Counseling	SMART Recovery Group Counseling	Living in Balance Group Counseling	DBT Group Counseling	Equine Therapy (11:30-12:30) Michelle	Free Time	LUNCH/MEDS
12:00 - 12:30 PM	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS			
12:30p-1:00p	SMART Recovery Group Counseling	Relapse Prevention Group Counseling	Living Balance Group Counseling	Stress Management Group Counseling	Lunch/Meds	LUNCH \ MEDS	Free Time
1:00PM-1:30PM							
1:30PM-2:00PM	Healthy Relationships Group Counseling	Art Expression Group Counseling	Recovery Games Group Counseling	Communication Group Counseling	Coping Skills Review/Weekend Preparation Group Counseling	Free Time	DBT Part 1 Counseling
2:00 PM - 3:00 PM							DBT Part 2 Group Counseling
3:00PM - 3:30PM	Personal Trainer Eric	Individual Counseling/Case Management	Individual Counseling	Personal Trainer Eric	Individual Counseling/Case Management	Free Time	Free Time
3:30 PM - 4:00PM			Yoga				
4:00 PM - 4:30 PM	Journaling/ Free Time	Journaling / Free Time	Journaling / Check-In	Individual Counseling	Process Group Group Session	Free Time	Free Time
4:30 PM - 5:00 PM							
5:00 PM - 5:30 PM	Dinner & Dishes	Dinner & Dishes	Dinner & Dishes	Dinner & Dishes	Dinner & Dishes	Free Time	Dinner Dishes
5:30 PM - 6:00 PM							
6:00 PM - 7:00 PM	Free Time	Family Education Group counseling	Free Time	Free Time	Opt: AA/NA Meeting	Free Time	Dinner Dishes
7:00 PM - 8:00 PM		Family Visitation					
8:00-9:30 PM	Meds	Meds	Meds	Meds	Free Time	Free Time	Meds
9:30 PM							Meds
10:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Meds	Meds	Lights Out
11:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out

Times & Classes subject to change without notice

**Health and Safety Group**  
Alexis Preciado, LVN  
2x/month

Facilitator Bar Code
Christina Young CADC II ICADC AOD Counselor
Holistic Therapies
Lindsey Norman RADT AOD Counselor
Client Routine/Activities
Jimmie Herron CADC II AOD Counselor
Jay Brechtel LADC AOD Counselor
Extra Structured Activities
Denise Valdivia AMFT
Calvin Holder RADT AOD Counselor
Rumicko Kellenberger, M.S. Practicum Intern