



FACILITATOR RESIDENTIAL SCHEDULE

Updated 1/5/17

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 7:30 AM	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds	Wake Up & Meds		
7:30 - 8:00 AM					Breakfast/Clean Up	Wake Up & Meds	Wake Up & Meds
8:00 - 8:30 AM	Gong Meditation	Breakfast / Clean up / Prep for Day	Breakfast / Clean up / Prep for Day	Breakfast / Clean up / Prep for Day	Meditation	Breakfast/Clean Up	Breakfast/Clean Up
8:30 - 9:00 AM							
9:00 - 10:00 AM	Process / Weekend Review - PSY	Stress Management - MFT	Dual DX - PSY	DBT - MFT	Equine Therapy	Individual Sessions	House Meeting
10:00 - 11:00 AM	CBT - PSY	Process (DBT/CBT) - MFT	Process - PSY	Family Dynamics - MFT		Yoga	Acupuncture
11:00 - 12:00	Relapse Prevention - Jacory	SMART Recovery - Jacory	Recovery Games - Jacory	SMART Recovery - Jacory		Individual Sessions	Individual Sessions
12:00 - 1:00 PM	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS	LUNCH \ MEDS
1:00PM-1:30PM	Self Esteem - Jacory	Communication - Jacory	Relapse Prevention - Jacory	Cultural Influences - Jacory	Art Expression	Recreational Therapy/Outing	1:00-5:00 Family Visitation
1:30PM-2:00PM							
2:00 PM - 3:00 PM	Biology of Addiction / Video Presentation - Jacory	Homework Presentation Group - Tracy	Aftercare Planning Jacory	Anger Management - Jacory	Personal Trainer		
3:00PM - 3:30PM	Individual Sessions	Personal Trainer	Individual Sessions	Personal Trainer	Individual Sessions		
3:30 PM - 4:00PM	Yoga		Yoga				
4:00 PM - 4:30 PM	Free Time	Massage	Free Time	Free Time	Process - Jay	Holistic/ Free time	
4:30 PM -5:00 PM							
5:00 PM - 5:30 PM	Dinner & Dishes	Dinner & Dishes	Dinner & Dishes	Dinner & Dishes	Pizza Night	Dinner & Dishes	Dinner & Dishes
5:30 PM - 6:30 PM							
6:30 PM - 7:00 PM	Free Time	Free Time	Family Therapy - MFT	Free Time	Opt: AA/NA Meeting	Free Time	Free Time
7:00 PM - 8:00 PM							
7:00-9:30 PM							
9:30 PM	Meds	Meds	Meds	Meds	Free Time		Meds
10:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Meds	Meds	Lights Out
11:00 PM					Lights Out	Lights Out	

Times & Classes subject to change without notice: ** TX Team Tuesdays @ 3:00p: ** Psy 1:1 Tuesday: MFT 1:1 Wednesday

Facilitator Bar Code
Psychologist Groups
Marriage and Family Therapist
Staff Groups
Jay Groups
Jacory Groups
Occupational Therapies