



MISSION STATEMENT

Ranch Creek Recovery was established to provide quality recovery treatment services to individuals who are seeking to overcome alcoholism, substance abuse, and other addictions and move forward in their lives in a positive and creative direction.

Our goal is to provide an intimate, serene natural setting where our clients can find the security to explore the personal issues that have led to the addiction and the strength to discover the greater destiny that lies beyond their addiction. Our programs include therapeutic and holistic methods to help our clients regain self-empowerment, improve their physical and emotional health, implement positive changes in their lives, maintain their sobriety, and return to society as productive members.

Outpatient

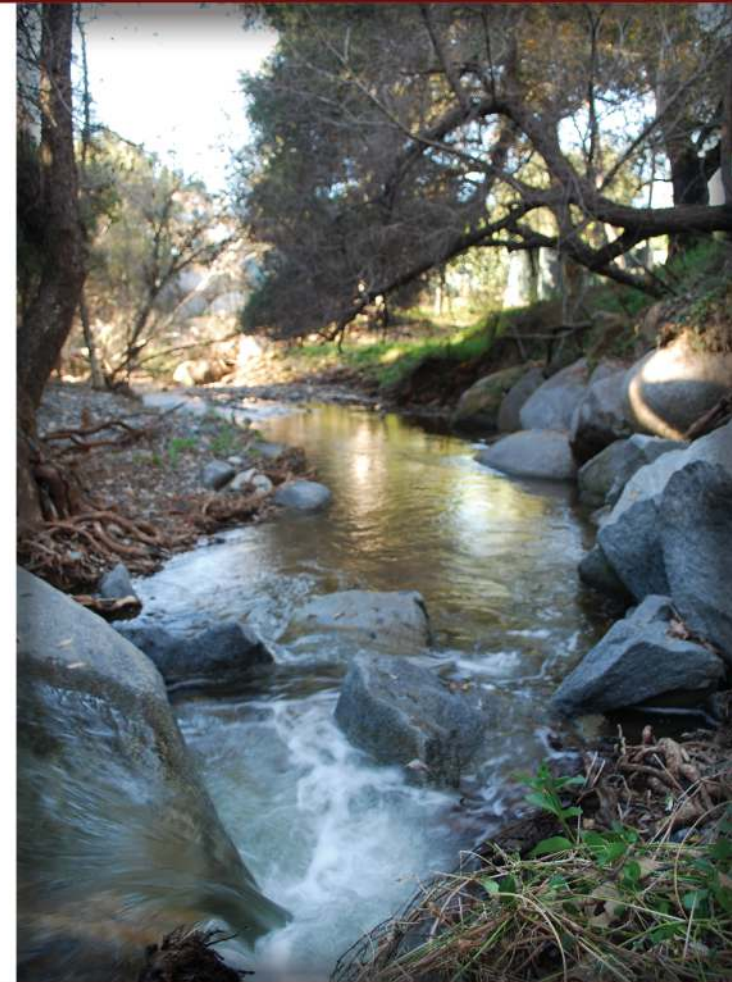
43264 Business Park Drive, Suite 101
Temecula, CA 92590
(951) 383-6544

Residential

27600 Sunday Drive
Temecula, CA 92590
(951) 383-6544



info@ranchcreekrecovery.com
www.ranchcreekrecovery.com



What We Offer

- Residential 30, 60, 90 day programs inpatient
- Outpatient Day Treatment
- Intensive Outpatient Day Treatment
- Family Education and Process Groups
- Amino Acid Therapy
- Extended After Care
- Holistic / Non-12 step Approach

Our Foundations

We offer a structured schedule filled with Holistic experiential therapies and a brain healthy curriculum.



Testimonial

"It was an amazing experience and a solid foundation in my recovery. Anyone looking to truly recover from an addiction or in my case, dual diagnosis, would greatly benefit from this program" ~Alumni

What we Treat

- Alcoholism ■
- Prescription Drug Abuse ■
- Chemical Dependence ■
- Dual Diagnosis / Co-occurring Disorders ■
- Compulsive Disorders ■
- PTSD ■
- ADHD ■
- Depression / Anxiety ■
- Mood Disorder ■

Services

- Group Therapy
- Individual Therapy
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Cognitive Process Therapy
- EMDR
- Relapse Prevention
- Anger Management
- Codependency
- Self Esteem Building
- Psychotherapy

Spiritual Growth Therapy

- Acupuncture
- Yoga
- Massage Therapy
- Personal Fitness Trainer
- Equine Therapy
- Meditation / Guided Imagery
- Art & Garden Therapy

About Ranch Creek Recovery

Ranch Creek Recovery is licensed by the State of California Alcohol & Drug program. Our counselors have 20 plus years' experience in the field of Alcohol and Drug Addiction along with Dual Diagnosis/Co-occurring disorders related to Mental Health Issues. We have a licensed psychologist on staff for individual therapy sessions for dual diagnosis, and work with a psychiatrist to monitor medications.

Our program provides individual treatment planning based on what works best for our clients. As individuals what works for one may not work for another. Many facilities only provide The Twelve Step program and do not offer other evidence based options. Our Education Groups include Anger & Resentments, Self Esteem, Relationship Skills, Grief & Loss, Communication Skills, Relapse Prevention, Coping Skills, Shame & Guilt, Emotions/Feelings, Boundaries, Co-Dependency, Recovery, and Process Groups. Clients receive individual one on one sessions several times per week so they can address sensitive issues in a highly confidential setting.

Ranch Creek Recovery accepts most insurance plans. We will be happy to verify your benefits for you. Please call 951-383-6544.

For more information on our aftercare programs please contact info@ranchcreekrecovery.com

More information available at RanchCreekRecovery.com

(951) 383-6544

